

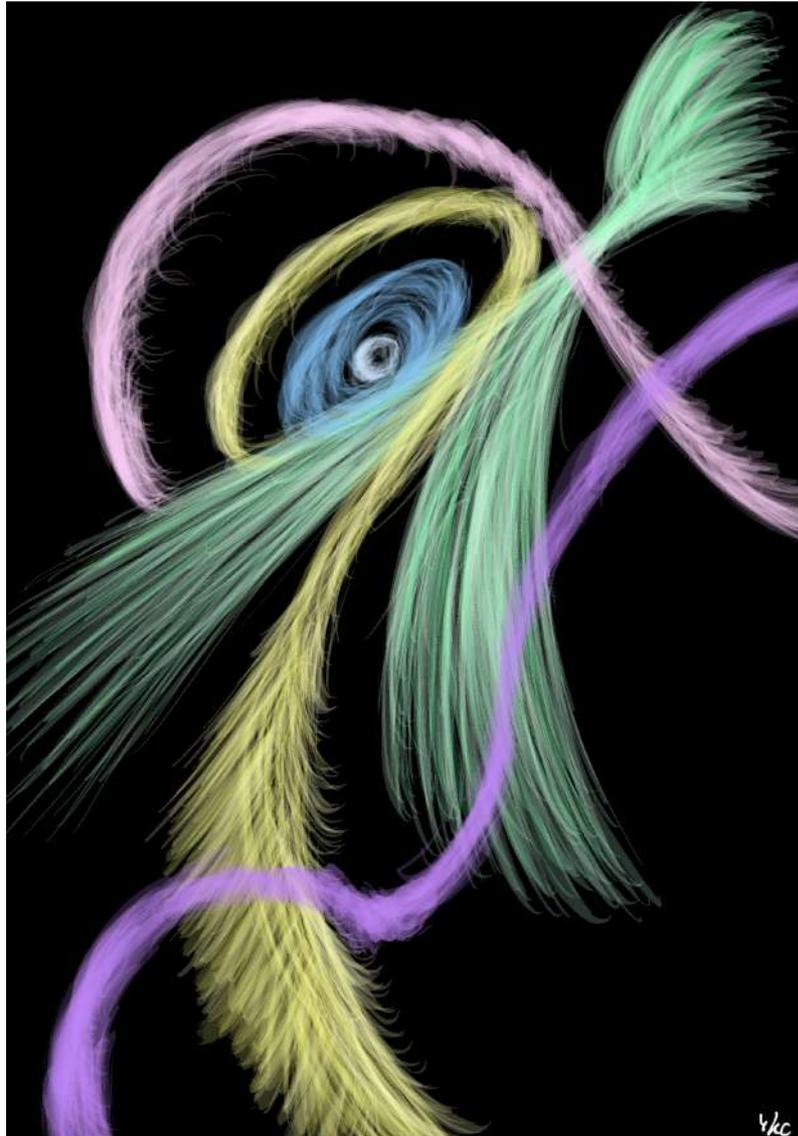
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# 発達理論の学び舎

Collected Poems Vol 13 (601-650)

Website: 「[発達理論の学び舎](#)」

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No.1963 朝光の静かな舞\_A Silent Dance of Morning Light

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No.601, A Special Day

Yesterday was a special day for me.

I worked together with my lovely neighbors to dig a garden.

We spent several hours together to talk and laugh.

I can write down everything that I experienced yesterday,  
but it is not necessary.

Because all I experienced yesterday is already embodied inside myself.

Again, yesterday was a special day.

Groningen; 06:08, 5/9/2021

No.602, The Ground

I can go anywhere all over the Kosmos.

Yet, the ground on which I'm standing is always here.

All of my actions connect with the ground!

Groningen; 16:58, 5/9/2021

No.603, A Series of Dreams

A dream-like day is approaching the end.

A new one would come tomorrow.

Life could be a series of dreams.

Surely, it must be.

Groningen; 21:28, 5/9/2021

No.604, A Large Tapestry

I'm the second tenant who lives in this house.

I'm just wondering the life of the previous tenant.

Someone's life meets that of someone else, which is an interesting and miraculous phenomenon.

Our life looks like making a large tapestry.

Groningen; 04:46, 5/10/2021

No.605, Full of Contemplation

A little bird is whispering in the evening now.

The whisper induces a meditative state.

My daily life is filled with contemplation.

Groningen; 20:51, 5/10/2021

No.606, A Silent World

A silent world is standing in front of me.

Is the world standing?

Maybe not.

It is enfolding me.

I'm enwrapped in the world.

There is no boundary between the world and me.

Groningen; 05:52, 5/11/2021

No.607, The Gentle Morning

The morning world looks very gentle.

It is very very pacific.

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Birdsongs are constantly reverberating around the neighborhood.  
The entire world is watching over me gently.  
Groningen; 05:58, 5/11/2021

No.608, I'm a Snail.  
I'm a snail.  
I'm slowly walking on a way in my life.

I'm a snail.  
I'm slowly moving forward my lifework everyday.  
Groningen; 21:34, 5/11/2021

No.609, Ignition  
Though it is already the middle of May, it's still chilly in Groningen.  
Yet, my heart is always warm.  
Zest ignites my existence.  
Groningen; 06:25, 5/12/2021

No.610, "I"  
I refer myself as "I."  
Someone else uses the same word "I" to refer him or herself.  
This is very interesting.  
The word "I" contains two meanings.  
One is the uniqueness of the person.  
The other is the possibility of universality or unity of humans.  
Groningen; 09:00, 5/12/2021

No.611, Interconnectedness  
If everything is interconnected, true self-realization is unattainable until everyone attains it.  
Others' self-realization is mine.  
Mine is others'.  
Groningen; 09:18, 5/12/2021

No.612, Smiles  
The evening sky is smiling at this moment.  
The ground is smiling back to it.  
I hope the entire world will regain full of smiles soon.  
Groningen; 21:40, 5/12/2021

No.613, Into a Meditative State  
I'm in a meditative state now.  
So the world is.  
Both the world and I are simultaneously meditating.  
Everything is being dissolved into a meditative state.  
Groningen; 06:22, 5/13/2021

No.614, Tippling a Juice  
The surrounding environment is rife with serenity.  
I'm tippling a juice made from the serenity.

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The taste is Indescribable.  
Groningen; 07:11, 5/13/2021

No.615, Inner Light and My Eyes  
Mild inner light is shining.  
My eyes are widely open.  
They can capture anything.  
Everything is clear and transparent to my eyes.  
I can see anything clearly and deeply even myself.  
Groningen; 21:46, 5/13/2021

No.616, Preciousness  
Each moment is precious.  
Time is precious.  
I'll always have the notion to fully lead my life.  
Groningen; 04:47, 5/14/2021

No.617, Tomorrow's Plans  
Recently, I've concentrated on reading academic books.  
So, I plan to read poems tomorrow for a change of mood.  
Tagore's and Gibran's poems would be my choice.  
Also, I'll check out some books about ecophilosophy based on Steiner's philosophy or critical realism by Roy Bhaskar.  
Groningen; 21:41, 5/14/2021

No.618, A Message  
I'm looking up the sky.  
Today it is cloudy in the morning.  
A thin layer of clouds is telling me something.  
I received the message. I'll unpack the meaning.  
Groningen; 06:02, 5/15/2021

No.619, I'm an Integral Critical Meta Realist  
I'm an integral critical meta realist influenced by Ken Wilber's Integral Theory and Roy Bhaskar's Critical Realism and MetaReality.  
I'm an integral critical meta realistic practitioner to engage in the world to heal and transform it.  
Groningen; 12:53, 5/15/2021

No.620, The Expansion of the Consciousness  
My consciousness suddenly expanded.  
That's why I started to be desperately and keenly aware of ecological and environmental issues of the earth.  
My study and practice began to go to a new direction.  
Groningen; 21:43, 5/15/2021

No.621, Groningen  
It's very cold this morning in Groningen.  
It is already in the middle of May.

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Even though it takes more time to become warm, I love this city.  
Because it continues to give me something special.  
I need to give this city in return.  
Groningen; 04:56, 5/16/2021

No.622, Toward the Ultimate Self  
A new day began.  
I'm here as a new self.  
I'm always in a continuous process of rebirth.  
As I become reborn, I come closer to the ultimate self.  
Groningen; 05:38, 5/17/2021

No.623, The Creator In Me  
The Creator created me.  
No one cannot create something without injecting a part of him or herself.  
So cannot the Creator.  
Thus, a part of the Creator is absolutely in me.  
It means that I'm the Creator, too.  
Groningen; 10:23, 5/17/2021

No.624, Clear Light  
Clear light comes through my mind.  
It sheds light on everything.  
It grasps everything all at once.  
What a sublime light it is.  
Groningen; 21:40, 5/17/2021

No.625, A Harmonious State  
My body, mind, soul, and spirit are harmonizing one another.  
I'm always in the harmonious state.  
It continues to heal and transform me.

Where will I go from here?  
Probably, nowhere.  
Because every time I breathe, I'm always here and now.  
Groningen; 06:33, 5/18/2021

No.626, Poetry for Me  
For me, poetry could be one of the best forms to express a feeling of gratitude for life.  
Also, it enables me to articulate my abstract thoughts and existential feelings.  
Poetry is a precious creative activity for me.  
Without it, I could not lead my life.  
Groningen; 06:38, 5/18/2021

No.627, Real  
I woke up, but I'm still like being in a dream world.  
This world is real, and so is a dream world.  
This world is illusion, and so is a dream world.  
Again, both worlds are real.

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Groningen; 05:17, 5/19/2021

No.628, Whereabouts of My Words

Where do my words come from?

Where do they go?

Probably, they come from the One and go to the Many.

I really hope so.

Groningen; 21:34, 5/19/2021

No.629, A Dream

I had a dream last night.

The dream was filled with enthusiastic feelings.

When I woke up, the feelings still remained.

A dream is efficacious, that is, it affects the awakening self.

In that sense, a dream is real.

Surely, it is real.

Groningen; 05:18, 5/20/2021

No.630, A Peaceful Death

While taking a bath, I was thinking about and feeling a peaceful death.

It is a death that we die as if we gently enter in a dream world.

I'm still feeling the experience of the peaceful death in the early morning.

Groningen; 06:56, 5/20/2021

No.631, A Kosmic Playground

The Kosmos can be a playground.

It must be.

Everything can play together in the eternal playground.

Groningen; 07:40, 5/20/2021

No.632, A Plant and Seeds

It is really difficult to create a good plant from bad seeds.

Also, it is puzzling that good seeds do not necessarily create a good plant.

This principle is applicable to humans.

Groningen; 08:10, 5/20/2021

No.633, I'm an Omnipresent Boundless Circle.

I'm a circle whose circumference is nowhere.

I'm a circle whose center is everywhere.

I'm an omnipresent boundless circle.

Groningen; 08:14, 5/20/2021

No.634, A Kosmic Seed and Address

A kosmic address has a particular kosmic seed.

A kosmic seed has a particular kosmic address.

Everything is spawned from both a kosmic seed and address.

Groningen; 10:13, 5/20/2021

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No.635, A Sudden Realization

One of my roles in this life is to discover and transform invisible structures and systems that inhibit freedom and creativity of all sentient beings.

This is what I realized suddenly now.

Groningen; 14:50, 5/20/2021

No.636, It's Me

I am the person who loves abstract art.

I am the person who loves meta theories and meta philosophies such as Integral Theory, Critical Realism, and Meta Realism.

It's me.

Groningen; 17:16, 5/20/2021

No.637, A Dreamwork

I had a dream this morning, too.

I'll re-enter the dream world by being in a meditative state while taking a bath.

Particular emotions or feelings would come again.

A dreamwork is helpful for healing and transforming myself.

Also, it is the precious source for my creativity.

Groningen; 04:51, 5/21/2021

No.638, I AM

I'm a beautiful world.

The world and I are one.

I'm the One and the Many.

I'm very grateful for that.

I'm such a grateful feeling, too.

Groningen; 20:50, 5/21/2021

No.639, Birdsongs

A couple of little birds are whispering now.

I'm listening mindfully to their songs.

They soothe my soul.

I'm touching the essence of their songs, which is the same of my existence.

Groningen; 06:29, 5/22/2021

No.640, A Merry-Go-Round of Existence

A merry-go-round of existence is revolving joyfully.

I'm riding on it.

I know the ground of the merry-go-round and I.

Both share the same ground, don't they?

Groningen; 16:39, 5/22/2021

No.641, Transpersonal Economics

I started to explore the possibility to create "transpersonal economics."

The modern world shrouded in pathological economic thoughts and systems is in a dying condition, jeopardizing the whole planet.

I'll rigorously study Buddhist economics and Steiner's economic philosophy to integrate them and generate a new economic field, so called "transpersonal economics."

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I hope it could heal and transform our society and planet in a deeply compassionate and merciful way.

Groningen; 19:55, 5/22/2021

No.642, Being Here and Now

I may be sometimes walking, running, and flying in this reality.

Yet, the most important thing is that I'm always being here and now.

I've never been outside of being here and now.

Groningen; 05:56, 5/23/2021

No.643, Living Together

A little bird is singing a beautiful song now.

I can't see the bird, but I can tell it's fine based on its song.

The rhythm of the bird and mine are synchronizing at this moment.

We are living together in the same world.

Groningen; 06:38, 5/23/2021

No.644, Some Minimum Characteristics of "Transpersonal Economics."

I'm thinking about some minimum characteristics of "transpersonal economics."

One should be a new economic thought in which a higher realm of consciousness is embodied.

Another must be a qualitatively different notion of money than that of the modern economic thought.

I'll gradually clarify other characteristics by studying the history of economic thoughts and Steiner's and Buddhist economic thoughts.

Groningen; 19:43, 5/23/2021

No.645, In a Transformation Process

I slept very well today.

It seems that I'm in a transformation process, which may require enough sleep.

I feel I'm gradually transforming into a new self whose characteristics are unknown and unpredictable.

Groningen; 07:36, 5/24/2021

No.646, Developmental Psychology, Theology, & Economics

I apply developmental psychological perspectives to current models of economics to transform them for human emancipation.

First of all, I need to detect fallacies and limitations of the current economic models.

Then, I meditate upon how developmental psychological perspectives can be applied.

Lastly, I introduce theological perspectives to establish a new type of economics, which can be called "transpersonal economics."

Groningen; 11:52, 5/24/2021

No.647, Morning Prayer

I'm filled with hope right now.

My lifework will be going very well today, too.

I'm so grateful for it.

I just pray for the present situation in which I am.

Groningen; 05:15, 5/25/2021

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No.648, Going to a Divinity School

I'm so glad that I found a clear purpose to go to a divinity school.

I'll rigorously study not only religious poems but also transpersonal economics at the school.

The former is a path to the One, whereas the latter is a path to the Many.

Groningen; 05:21, 5/25/2021

No.649, In the End of the Day

My consciousness at this moment is stepping into a transcendental realm.

A whisper of a little bird encourages it.

I'm wondering what kind of dream I will have tonight.

I hope it will be meaningful and epiphanic.

Groningen; 22:03, 5/25/2021

No.650, Illumination

A peaceful and blissful time in the morning has come.

Fortunately, the sky is clear and I can see the morning sun now.

The morning sun is shedding a gentle light to the world.

Following the example, I'll illuminate the world in my own way.

Groningen; 06:52, 5/26/2021