
発達理論の学び舎

Collected Poems Vol 9 (401-450)

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No.2012 神聖な植物_A Divine Plant

No.401, Creo Ergo Sum
I create, therefore, I am.
Groningen; 20:50, 3/8/2021

No.402, The Creative Wonderland
After taking a deep breath and concentrating on my consciousness, I can enter the undifferentiated vast realm of reality.
Everything including my true self exists there.
Everything comes from there.
It is the creative wonderland.
Groningen; 21:01, 3/8/2021

No.403, Everything as Nothing, Nothing as Everything
Once I go beyond the rational realm, I notice that everything is empty.
Yet, everything exists there, or anything can emerge from there.
Everything is waiting as nothing in the void space.
When one “nothing” come to the fore in the rational realm, it seems to exist.
Groningen; 21:13, 3/8/2021

No.404, Calling and Responding
The morning is calling me.
I'll respond to it.
The cycle of calling and responding continues.
Groningen; 06:26, 3/9/2021

No.405, I Am Anyone and Anything
I am you.
I am him or her.
I am it.
I am anyone and anything.
Groningen; 10:39, 3/9/2021

No.406, After Deconstruction
Once I deconstruct any linguistic constructions, suddenly, everything starts to become fluid and freely movable.
It is kaleidoscopic and mesmerizing.
Groningen; 10:45, 3/9/2021

No.407, Existence and a Word
Existence exists where a word exists.
A word exists where existence exists.
Groningen; 15:56, 3/9/2021

No.408, Before Words Come
Anything exists before words come.
It is true that words can bring existence into the manifest world, but the opposite is also true.
Groningen; 16:30, 3/9/2021

No.409, Words and Existence

Words and existence are interdependent.

Words without existence is nonsense, whereas existence without words is empty.

Both words and existence coexist.

Groningen; 20:16, 3/9/2021

No.410, A Mysterious Storehouse

I can see a fissure in the abyss of the unconsciousness.

A flood of images and words are wiggling and are coming into the world from the crevice.

The depth of the unconsciousness is a mysterious storehouse of images and words.

Groningen; 20:27, 3/9/2021

No.411, A Name & Existence

A name brings existence.

Then, it becomes the name.

Groningen; 21:23, 3/9/2021

No.412, Lavenders in the Sky

The morning glow looks light purple.

I feel as if I'm seeing lavenders in the sky.

My mind becomes mild naturally.

Groningen; 06:54, 3/10/2021

No.413, A Whisper from the Higher Self

The higher self is whispering something for me.

It is always doing so.

Whether I can hear it or not totally depends on me.

Groningen; 10:57, 3/10/2021

No.414, The Purest Words

The purest words are beyond the dichotomy between signifier and signified.

They don't necessarily have meanings.

Yet, they have meaningful power on our psyche.

Groningen; 14:24, 3/10/2021

No.415, A Storm

A storm came.

It is composed of imaginative associations.

The self enjoys being in the middle of the storm.

Groningen; 15:18, 3/10/2021

No.416, A Real Traveller

A traveller goes on a trip.

Yet, he or she never returns as the same person.

Because he or she becomes different one after the trip.

That is the process which a real traveller experiences.

Groningen; 15:37, 3/10/2021

No.417, The Secret Garden

Abundant words and symbols come and go in my consciousness.

They create the vast ocean and the infinite universe.

Yet, I wish to go somewhere else.

Please let me go back to the garden of no words and symbols.

Groningen; 15:48, 3/10/2021

No.418, A Map-Remaking Activity

The more I create something, the wider and finer my map of reality becomes.

Creating something is a map-remaking activity for me.

Groningen; 20:44, 3/10/2021

No.419, The Relationship Between a Meaning and a Word

In essence, any meaning is alien to a word.

It may sound odd, but it is the essential nature of the relationship between a meaning and a word.

Groningen; 20:56, 3/10/2021

No.420, The One & the Loss of Meaning

The One demands the loss of meaning.

It becomes manifest once any meaning is dropped off.

Groningen; 21:00, 3/10/2021

No.421, Eternity & Writing

Eternity makes me write something.

Rather, it writes itself.

Eternity writes itself because it is eternity.

Groningen; 21:14, 3/10/2021

No.422, Here I AM

I'll be where a poem emerges.

Here I am.

Groningen; 06:31, 3/11/2021

No.423, Disappearance of the Observing Existence and I

Something is observing right now whatever arises in me.

Any objects of the observing existence suddenly disappear.

All of the objects, the observing existence, and I have gone.

Groningen; 07:36, 3/11/2021

No.424, The Observer and I

I notice the observer to see everything in my reality.

I notice I who observes the observer.

I notice various types of patterns of my observing the observer.

Finally, I notice I sometimes go somewhere without the observer.

It's a true journey.

Groningen; 07:43, 3/11/2021

No.425, Contexts and Constructs

I can not only notice various contexts but also notice multiple layers of them.
In addition, I can construct a new large context to embrace multiple contexts.

This happens not only to contexts but also to any abstract and subtle constructs.

I can see multi-layered constructs and can create an organic large construct to include them.

I play a role of a context builder and a construct builder.

Groningen; 07:52, 3/11/2021

No.426, Who and What Am I?

Who and what am I?

I am this and that.

Who and what am I?

I am not this and that.

Who and what am I?

I am “not” not this and that.

Groningen; 07:59, 3/11/2021

No.427, Darkness and Me

Darkness is opening its arms.

I dive into there.

Darkness smiles.

So do I.

I become it, and it becomes me.

Suddenly, both disappear.

Nothing is here.

Something emerges soon again.

Groningen; 21:40, 3/11/2021

No.428, Serenity

Silence is here.

Both the interior and exterior world are serene.

I'm the apotheosis of serenity.

Groningen; 08:12, 3/12/2021

No.429, An Elephant and Us

Everyone sees the same giant elephant.

Yet, everyone sees it differently,

and nobody sees the whole.

Groningen; 20:09, 3/12/2021

No.430, An Illusion in Reality

It is very interesting that a so-called illusion can emerge in reality.

How can a "real" illusion appear in reality?
Such an illusion may not be called illusion anymore
because it shows up in reality.
Groningen; 20:11, 3/12/2021

No.431, I & Non-I
I can be defined in an infinite way.
At the same time, non-I can be also defined in a limitless way.
I know that both I and non-I are indeterminable.
Groningen; 20:46, 3/12/2021

No.432, A Whispering Drizzle
I cannot hear any birdsong this morning because of the rain.
Instead, a drizzle is whispering right now.
As well as a birdsong, it makes me meditative.
My mind is quite calm and peaceful at this moment.
Groningen; 07:48, 3/13/2021

No.433, Living in an Energetic Place
Wherever I live, the place gives me tremendous power.
I'll always contribute to the world, using the power with which the place provides me.
Groningen; 19:34, 3/13/2021

No.434, An Everlasting Star
I've been an everlasting star.
It is always shining and illuminating the world.
I'm such a star in the infinite sky.
Groningen; 21:37, 3/13/2021

No.435, Ultimate Silence
Ultimate silence is here.
It is caressing my existence.
I'm totally relaxed in the silence.
Groningen; 06:25, 3/14/2021

No.436, Everlasting Newness
I just feel that something is going to start afresh.
From today, my life will be new.

Everlasting newness is the essence of reality.

Ample novelty floods into my life.
Groningen; 07:39, 3/15/2021

No.437, An Infinite Mind
My mind is here.
My bigger mind is here, too.
At the edge of the bigger mind, a door to an infinite mind would appear.
Groningen; 07:42, 3/15/2021

No.438, Making a Poem and Keeping a Journal as Transformative Tools
Making a poem and keeping a journal are very effective for my growth and development.
They make me face various aspects of myself including shadow material.
They are tools to accelerate my awareness of myself.
I'll continue doing both every day.
Groningen; 08:49, 3/15/2021

No.439, Gratitude & Serenity
A feeling of gratitude is coming out from the inside of myself.
It shakes hands with serenity.
Gratitude and serenity united each other,
and then became me.
Groningen; 06:25, 3/16/2021

No.440, Questions and Evolution
I'm being evolved every day by questions asked from my life.
Each specific question develops a particular developmental line in me.
Groningen; 07:22, 3/16/2021

No.441, Be the Ever-Present Awareness
Just be aware of anything arising in the space of your consciousness.
Don't stick to anything of it.
Continuing it for a while, you'll notice the background ever-present awareness.
Just find it and be it.
Groningen; 10:25, 3/16/2021

No.442, Melting
Calmness and white light are in front of my inner eyes.
The former melts into the latter, and vice versa.
I'm also melting into both of them.
Groningen; 09:13, 3/17/2021

No.443, Afterlife
After the promise of life, everybody returns to the universe.
All of us return to the one and become it after our life.
Groningen; 19:41, 3/17/2021

No.444, Integral Semiotics and Poems
Integral semiotics proposed by Ken Wilber helps to unveil rich and deep meanings of everything.
For me, it is very useful to decipher profound dimensions of spiritual and religious poems.
Groningen; 19:44, 3/17/2021

No.445, The Shared Invisible Storehouse
Truths that I found can be stored somewhere in an invisible space in this reality.
All of my experiences and knowledge can also be so.
The invisible storehouse is shared by all sentient beings.
Groningen; 20:15, 3/17/2021

No.446, A Kosmic Address

Each of my thoughts, feelings, and experiences has a specific kosmic address.

Any interpretations of mine also have a particular kosmic address.

The address is both epistemological and ontological.

We cannot ignore both aspects.

Groningen; 20:24, 3/17/2021

No.447, Transformative Affordance by Great Art Works

Great art works afford something that has a transformative effect on us.

Great paintings have visual affordance.

Great pieces of music have auditorial affordance.

Great poems have linguistic affordance.

A point in common between them is a transformative effect that is always somatic and existential.

Groningen; 07:23, 3/18/2021

No.448, This Metaphoric World

The world is replete with metaphors.

This world is intrinsically metaphoric.

A poet unveils a metaphor of the world by making a poem.

A painter does so by painting a picture.

A composer does so by composing music.

Again, this world is abundant in breathtakingly beautiful metaphors.

Groningen; 10:20, 3/18/2021

No.449, One of the Essential Roles of Artists

One of the essential roles of artists is to find and decipher hidden metaphors of the world.

True artists can disentangle complex metaphors of the world and recreate a new metaphor through their artistic means.

Groningen; 10:27, 3/18/2021

No.450, The Interdependent Evolution of Epistemology and Ontology

Both epistemology and ontology enact interdependently.

The more I develop myself, the more my worldview (epistemology) and my world (ontology) become richer and fuller.

Both epistemology and ontology constantly evolve together in me.

Groningen; 11:03, 3/18/2021