
発達理論の学び舎

Collected Poems Vol 3 (101-150)

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No.1814 夜花_A Night Flower

No.101, Something Great

As Plato pointed out, something great is infectious.

It has a driving force.

We may not be able to understand what urges us.

But something great always exerts contagious and forceful power.

Groningen; 15:41, 26/1/2021

No.102, A Harmonic Structure in a Poem

A chorale can have a harmonic structure with multiple voices.

Is it possible for a poem to have it?

How can a poem create a harmonic structure even though it cannot have multiple single sentences in each line?

The key might be leaving an allusive feeling.

Multilayered implicit feelings can create a harmonic structure in a poem.

Groningen; 15:54, 26/1/2021

No.103, A Deranged Person

A deranged person is the person

who de-ranges him or herself on the side of discomfort.

Everybody has a chance to go there

because all of us have a certain psychological pain.

In our society, a number of reserves of deranged people range themselves in rows.

Groningen; 20:32, 26/1/2021

No.104, The Day When the Name of Psychopath Disappears

It is said that the number of psychopath in our society increases year by year.

Psychopaths are minorities now, but they can be majorities in the society someday.

At that time, the name of psychopath may disappear.

Groningen; 21:00, 26/1/2021

No.105, The Masters and I

The Master Painter gave me my eyes.

The Master Composer gave me my ears.

The Master Poet gave me my mouth.

The Master Creator gave me my soul.

Groningen; 04:27, 27/1/2021

No.106, Our Society & We

The severer the condition of the society is, the brighter people might be.

The more adverse the society is, the more hopeful people need to be.

If not, our society and we would end.

Groningen; 04:45, 27/1/2021

No.107, A Social Paradox

The better the social circumstances are, the more soulless people may look.

That is one of the social paradoxes in the modern world.

Groningen; 04:48, 27/1/2021

No.108, Harmonic Structures in the World

An apple is,
An orange is,
A Lemon is,
Red,
Orange,
Yellow.

A boy is,
A girl is,
The world is,
Running,
Singing,
Smiling.

Groningen; 05:05, 27/1/2021

No.109, The Annihilation of the Self

Once the annihilation of the self is accomplished,
we can be omnipresent,
we can be manifest everywhere,
we can be like air and water,
and we can shake hands with everything in the universe.

Groningen; 06:06, 27/1/2021

No.110, Against a Mass Murder

Humans are standardised and commodified in the modern society.
The mass standardisation and commodification castrate our souls.
Even our souls and spirits may not be able to avoid being standardised and commodified.
How can we wrestle with the mass murder?

Groningen; 07:45, 27/1/2021

No.111, Creativity

Creativity is a wave of the mighty ocean.
It is not a result but a process of the movement of our consciousness.

Groningen; 08:24, 27/1/2021

No.112, Educational Artefacts

Several great educational philosophers point out
that there have been artefacts (e.g., books, libraries)
that play an important role for education.

Are we satisfied with present educational artefacts?

Nowadays SNS, the mass media, TV and online games come to invade education, but do
they really function as educational artefacts?

What kind of educational artefacts are really needed for us?

Groningen; 08:42, 27/1/2021

No.113, Snowing & Playing

It is snowing now.

The scenery is breathtakingly beautiful!
Two little children are playing outside.
I'm also playing inside the room
but the playground is so huge.
It is the vast field of my consciousness and imagination.
Groningen; 08:50, 27/1/2021

No.114, The Need for Meta-Theoretical and Meta-Practical Perspectives in Poetry
Poetry is one of the artistic realms, isn't it?
If so, how can we see it from meta-theoretical and meta-practical perspectives of arts?
And how can we develop it from the perspective?
If poetry is an isolated peninsula in arts, it would have no further development and prosperity.
I think poetry needs rich meta-theoretical and meta-practical perspectives from not only many other artistic domains but also scientific and philosophical realms—
personally, I prefer philosophical standpoints rather than scientific ones.
Groningen; 13:14, 27/1/2021

No.115, Spontaneity & Poetry
Spontaneity in poetry is crucial to me.
All narratives in my poetry emerge spontaneously.
Spontaneity makes my poems alive.
Poems are living creatures.
Groningen; 19:56, 27/1/2021

No.116, The Poem in This Morning Dream
A state of dream consciousness still remains.
When I close my eyes, I can reenter the dream world.
I was making a poem in the dream this morning.
The theme was about life and death.
I don't remember what I wrote,
but the tone of the poem was dulcet,
and the colour was mellow.
Groningen; 06:01, 28/1/2021

No.117, A Letter to the Future
In the midst of the confusion of COVID-19 in early 2021, a letter was sent to the future.
It said: "People are working collaboratively and helping one another selflessly. People are caring about and loving one another."
If the letter is true, our world at present could recover,
and we could transform ourselves into new humans.
Groningen; 07:08, 28/1/2021

No.118, Economic Systems & Biological Systems
A central heating system in a house is usually functional,
but centrally planned economic systems in the global economy are often dysfunctional.
Diversity and decentralization are key to the proper function of life.
Economic systems should learn the essential features of biological systems.
Groningen; 10:05, 28/1/2021

No.119, Loftiness & Ideality
Our body will perish someday.
But the loftiness and ideality of our being will keep living forever.
Groningen; 14:51, 28/1/2021

No.120, Mighty Transmissional Power
Past great artists and spiritual teachers have mighty transmissional power.
The force is so infectious that something inside me can be awakened.
Rumi and Bach are always close to me.
They help me awaken my creativity and spirituality day by day.
Groningen; 15:21, 28/1/2021

No.121, The Real, the One, & the Great Silence
Only the real is real.
Listen carefully to a voice of the One, and you can be it.
Then, the great silence will come.
Groningen; 17:09, 28/1/2021

No.122, Which?
Which is writing this sentence?
Me or a pen?
It could be the latter.
Groningen; 17:30, 28/1/2021

No.123, Power of Mindfulness Poems
Some poems invite me
to the state of mindfulness.
Healing and transformation often occur
from that kind of states of consciousness.
Poems
that encourage me to experience mindfulness
are therapeutic and transformative for me.
Groningen; 21:05, 28/1/2021

No.124, A Mantra for Here and Now
“Presence, presence presence.”
It’s a mantra for being in the here and now.
May all people be in the present moment
and be peaceful by this mantra.
Once they start to live in the here and now,
the mantra will be gone.
Groningen; 21:17, 28/1/2021

No.125, A New Day & A New Me
A new day came.
A new me was born.
Really?
Both a day and me can be new?

Both transcend “new” and “not-new.”
Groningen; 06:46, 29/1/2021

No.126, The House for Everything
Silence is embracing me at this moment.
The silence will surrender itself to great silence.
I'll be handed over to great silence.

Joy and rapture will come to me soon.
Then, both will return to great silence.
It's the house for everything.
Groningen; 06:51, 29/1/2021

No.127, Clearers for Peace and Happiness
In our society, the ways to peace and happiness are dusty;
it might be said that they are polluted.
We need clearers. We should be them in our own ways.
Groningen; 08:10, 29/1/2021

No.128, A Harmonic Life
Disorder and confusion are sometimes pleasant.
They have unique charms.
Harmony exists because of chaos.
My life is harmonic because of cosy disorder and confusion.
Groningen; 08:39, 29/1/2021

No.129, Energised Foods & Drinks
As a Reiki master, I always send my “ki (life energy)” to foods and drinks before I take them.
The energised foods and drinks make me healthier and younger.
Groningen; 09:26, 29/1/2021

No.130, A Main Characteristic of the Corrupt Society
What are the main characteristics of the corrupt society?
One could be ignoring poets.
If the society disregards them,
our language would be corrupt.
Besides that, our society itself would be corrupt,
because the society is robustly and deeply constructed by language.
We would understand how dangerous it is to neglect poets.
Groningen; 10:52, 29/1/2021

No.131, My Wishes
My songs, paintings, and poems come from the creative higher source.
I wish my creative works to be full of therapeutic and transformative energy
I wish the energy to heal and transform people and our society.
Groningen; 11:17, 29/1/2021

No.132, What We Can Have
We cannot touch the real itself.
What we can have is only a sense of touching the real.
The real is much bigger than what we think.
It is infinitely enormous.
Groningen; 14:20, 29/1/2021

No.133, Here & There
There becomes here.
Here becomes there.
Yet, we have to be careful of the latter.
When we go there, the “there” will be “here” before we know.
It’ll be fine.
But even if we think we are here, the “here” often becomes “there” before we are aware of.
It must not be fine.
We should keep staying here and now.
Groningen; 14:28, 29/1/2021

No.134, Universality & Eternity
Language continues to evolve as humans and the society do.
A series of my poems are written in modern English, but will they be archaic someday?
Even if they are so, I hope some universality within them will remain.
It is timeless as my being is.
Groningen; 19:59, 29/1/2021

No.135, Movies & Human Development
I like watching movies.
Today, I watched two movies.
Movies enable us to face unsolved developmental tasks.
In fact, some movies describe an egotistical worldview, a mythological worldview, a scientific worldview, a pluralistic worldview, etc.
Each worldview encourages us to see a specific developmental theme at the stage which is lower or sometimes higher than our current developmental stage.
When we tackle the developmental task, watching the movie, it can have a transformative effect on us.
Groningen; 20:06, 29/1/2021

No.136, The Full Moon in the Early Morning
It is very dark now,
but the full moon is beautifully shining.
Today’s moon is white. It radiates special energy.
The full moon is also the apotheosis of a spiritual being.
Groningen; 05:58, 30/1/2021

No.137, Emotional and Spiritual Landscapes
While reading a poem, I can enter a poetic world.
I can often vividly see emotional and spiritual landscapes there.

What kind of sceneries can I see today?
I’m looking forward to reading poems from now.

Groningen; 06:03, 30/1/2021

No.138, Difference Between a Banal and True Scientist
A banal scientist is blind to truth, trapped in rational thoughts.
A true scientist can see the essence of reality.
Groningen; 07:14, 30/1/2021

No.139, Just Be Everyone, and Be the One
We often try to be with someone.
But why don't we forget about it?
Instead of being with someone, just be everyone.
You can be the one when you become the many.
Groningen; 08:16, 30/1/2021

No.140, A Vow
I swear that I'll never be a mere critic forever.
I'm always a creator.
Groningen; 11:43, 30/1/2021

No.141, The Possibility of the Plural Form of Consciousness
If the advancement of brain science and biology continues, it may be possible not only to transfer our consciousness to an artificial brain but also to duplicate it.
When that occurs, we will have to make the plural form of consciousness, which is "consciousnesses."
Groningen; 13:19, 30/1/2021

No.142, Many Types of Rat Races
Many people are caught up not only in a financial rat race but also many other types of rat races,
for example, mental and spiritual ones.
Be aware of them.
This is the first step to quit the worthless races.
Groningen; 14:04, 30/1/2021

No.143, Poetry as a Wonderful Treasure
Poetry can invite us to a story world.
Yes, I often enjoy an adventure there.

Also, poetry can make us see a picture world.
Yes, I often see a beautiful scenery there.

Finally, poetry can shed light on some aspects of reality, which cannot be unveiled by other mediums.
Yes, I often capture some unique aspects of reality when I read a poem.

What a wonderful treasure poetry is!
Groningen; 19:50, 30/1/2021

No.144, Unique Experiments through Poetry

Poetry enables me to conduct unique experiments in a poetic world.
The possibility is infinite.

Poetic language is very different from philosophical and scientific one.
That's why I can make a unique experiment in a poetic space.
Groningen; 19:55, 30/1/2021

No.145, How Wonderful Poetry is!

I notice that
some tastes, visions, and aromas are lingering
after I read a poem.
Poetry is tasteful, picturesque, and aromatic.
How wonderful it is!
Groningen; 21:00, 30/1/2021

No.146, Pure I Amness

I'll go to bed soon.
I'll enter a dream world.
But I can be awake there.
I know pure I Amness exists in a dreamless dream world.
Groningen; 21:16, 30/1/2021

No.147, Nothing Exists; Everything is There

I always imagine I'm united with the universe,
when I take a nap or when I go to sleep.
My body and the universe become one.
Then, my consciousness totally dissolves into the universe.
At that moment, nothing exists.
Yes, nothing exists.
And everything is there.
Groningen; 21:23, 30/1/2021

No.148, An Aggressive Dream

I had an aggressive dream this morning.
It seems to be about my relationships with authorities, especially teachers.
I used violence on a young female teacher,
who was arrogant and authoritative.
She never stood up again.
I felt I was so satisfied.
This dream represents some of my unresolved shadows.
Groningen; 04:45, 31/1/2021

No.149, Synchronisation

Last night, I noticed that
my consciousness was synchronised with the universe.
Not my body and brain but my consciousness experienced the synchronisation.
The universe is constantly expanding. So is my consciousness.
The universe is infinite. So is my consciousness.

Groningen; 05:04, 31/1/2021

No.150, Pure Lunar Energy

The full moon is there like it was yesterday.

It is brilliantly shining.

The colour is white silver.

And it has a delicate yellow hue.

I'm receiving the pure lunar energy.

It makes me serene and simultaneously makes me vigorous.

Groningen; 05:56, 31/1/2021