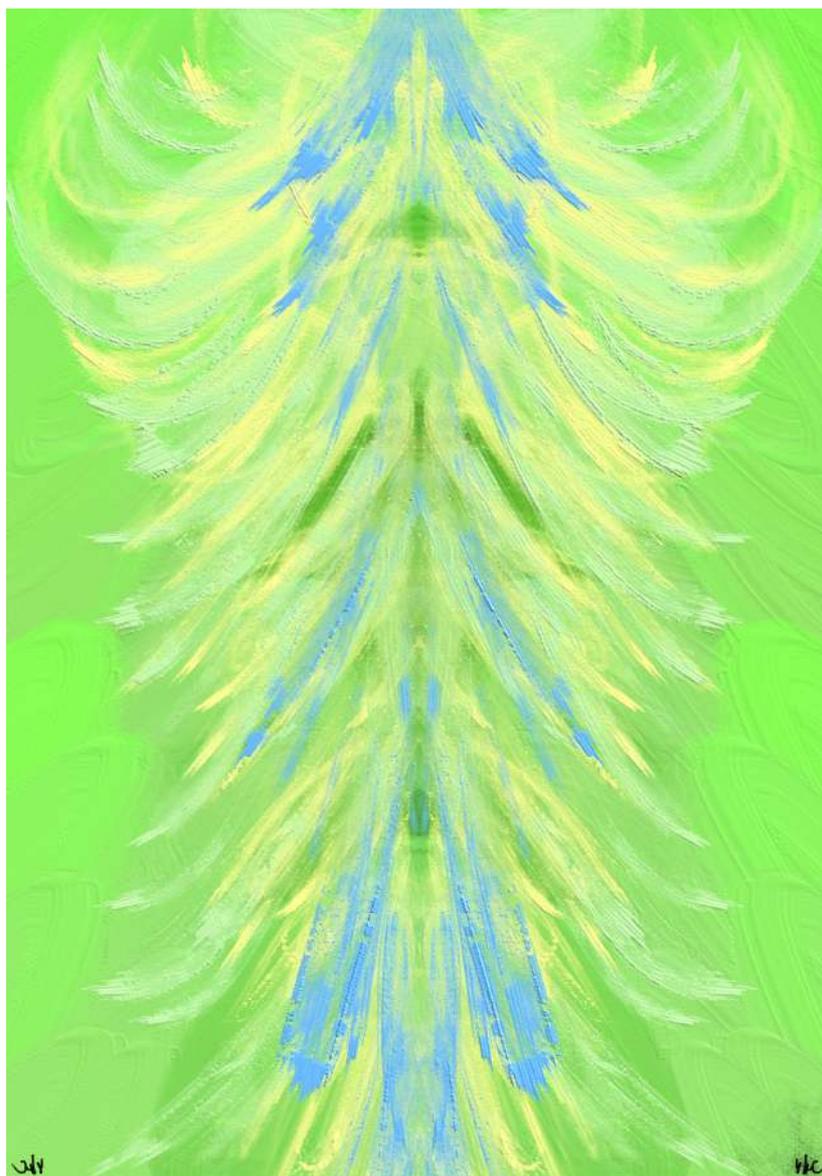

発達理論の学び舎

Collected Poems Vol 5 (201-250)

Website: 「[発達理論の学び舎](#)」



No.1883 安眠薬_Medicine for a Good Sleep

No.201, My Spiritual Nourishment
Silence and darkness are beckoning to me.
They are my spiritual nourishment.
I wish they will come to me tomorrow too.
Groningen; 21:35, 2/6/2021

No.202, A New Human
A new human could be like a less functional machine or a reflexive zombie.
Or it could be a game-changer that he or she can clearly see any types of undergoing
social games and can detect their structural problems.
Which type of a new human will be chosen?
Which type will the society choose?
Now is a bifurcation point in our society.
Groningen; 07:15, 2/7/2021

No.203, Powder Snow Like a Ripple
It is snowing now.
Powder snow on the road is blowing in the wind.
It looks like a ripple in the ocean.
The road is the ocean, and the powder snow is a ripple.
This scenery makes me feel meditative.
Groningen; 09:01, 2/7/2021

No.204, The Universe
The word of “universe” could be derived from “uni” + “verse.”
If so, the universe would be one simple poem.
It is the poem which unites everything.
Groningen; 10:52, 2/7/2021

No.205, To Be Aware of & To Be
To be aware of is to be.
To be is to know.
That’s one of the fundamental theorems of our existence.
Groningen; 11:11, 2/7/2021

No.206, Through the Relationship between the World and Ourselves
The relationship between the world and ourselves represents a form of our ego.
If we want to understand better our ego, we need to examine the relationship between the
world and us.
Groningen; 14:50, 2/7/2021

No.207, A Snowscape
The world is shining.
The world is radiating.

There is a beautiful snowscape in front of my eyes.

The contrast between black and white represents a certain essential aspect of reality.
Noticing it, the contrast dissolved in the whole world.

Groningen; 06:59, 2/8/2021

No.208, The One

I'm in reality. Reality is in me.

Both are one.

I'm in the world. The world is in me.

Both are one.

Reality, the world, and I are the One.

Groningen; 09:03, 2/8/2021

No.209, Pruning

Pruning branches makes a remaining fruit juicer.

It is true to our life.

What should we prune now?

I'm thinking what I can prune in my current life.

Groningen; 09:25, 2/8/2021

No.210, Upgrade or Degrade?

AI is growing day by day and month by month.

But do we upgrade it really?

It may be possible to say that AI upgrades us or degrades us gradually.

It is ironical that we make AI more human but AI may make us inhuman.

Groningen; 10:03, 2/8/2021

No.211, Experience & Perspectives

Since we always experience something from a particular point of view of the self, we may be able to transform our experience when we alter or expand a perspective.

A bird's-eye or panoramic perspective occurs to me now. It enables me to have a transcendental experience.

Groningen; 16:24, 2/8/2021

No.212, A Winner & a Real Game Changer

A winner can take multiple perspectives within a game.

Yet, a real game changer can take diverse perspectives not only within a game but also from the outside of the game.

It's a pity that there are few game changers in our society.

Groningen; 17:27, 2/8/2021

No.213, Conviction

The morning sun is shining.

The light reflects snow powder.

Both the sun and snow powder are glittering.

I'm convinced that today will be luminous.

Groningen; 09:02, 2/9/2021

No.214, Freedom

Free from any social constraints, living as we wish could be true freedom.
My life is going toward such freedom.
Groningen; 10:09, 2/9/2021

No.215, Brain Plasticity

Recently, I've enjoyed reading poems out loud.
It seems to stimulate my brain.
In fact, my brain looks pleasurable.
I guess that reading poems out loud increases the plasticity of my brain.
Groningen; 20:19, 2/9/2021

No.216, A Concept

A concept is to distinguish something from something else.
It's like a laser beam that cuts out something in reality.
In this sense, we know that a concept cannot represent reality as a whole.
Only what it can do is to grasp a specific aspect of reality.
Groningen; 21:23, 2/9/2021

No.217, A Starry Sky

Last night, I saw a fabulous starry sky in a dream.
I was moved to tears in spite of myself.
The tears washed away my tiny ego, and the true self came.
It was a close friend of the starry sky, and both united together into the vast universe.
Groningen; 07:50, 2/10/2021

No.218, Language & My World

As Wittgenstein insisted "the limits of my language mean the limits of my world," our language delineates the borderline of our world.

I expand the limits of my world every day through music composition, painting, and poetry.
Not only poetry by natural language but also music composition and painting by symbolic language transform my perceptual world.
My worldview is expanding day by day.
Groningen; 08:46, 2/10/2021

No.219, The Daily Renewal of the World

It is true that the scope of our knowledge is limited.
But there are no fixed boundaries between the knowable and the unknowable.
The boundaries are being redrawn and renewed every day.
We are living in such a world.
Groningen; 09:00, 2/10/2021

No.220, Pan-Systematisation

We have systematised almost anything throughout our history.
Yet, systems began to systematise us one day.
The situation of pan-systematisation replaced the subject with the object.
We used to be a user of technology, but now technology is a user of us.
How ironic it is.

Groningen; 10:00, 2/10/2021

No.221, Human Interaction & Change

It is difficult for us to change.

But I realise again that what makes us change is human interaction.

We are tenacious and resistant to change, but human relationship gives us a power to transform ourselves.

Groningen; 10:55, 2/10/2021

No.222, Prayer for the Better World

Each of us is born as a pure human being.

However, we are gradually stained with ideologies as we grow.

Various types of ideologies are rampant in our society, which looks like the spread of epidemic viruses.

How can we maintain our purity? How can we build a favourable relationship with others without being affected by the social viruses?

The current situation all over the world is very bleak.

Hatred and violence caused by manipulated information as dirty blood are prevalent.

How can we regain our world and make it peaceful?

Groningen; 11:06, 2/10/2021

No.223, Poety & Prayer

For me, poetry could be my personal prayer for the better world.

I hope that the prayer can be collective power and that the world really becomes better.

I cannot help but pray for the world because it is desperately crying for help.

Groningen; 11:12, 2/10/2021

No.224, Creators

I'm thinking about how possible my music, painting, and poetry can give people new or forgotten experiences.

Creators can design and provide others with meaningful experiences that restore humanity.

Groningen; 14:55, 2/10/2021

No.225, Reality Within & Outside of the Society

We must not forget that there is reality not only within the society but also outside of it.

We are often forced to believe that reality is just within the society.

Yet, unless we see both internal and external reality, we cannot emancipate ourselves from all constraints.

Groningen; 15:29, 2/10/2021

No.226, Pleasure & Creativity

A small piece of pleasure spontaneously emerges from the inside of me.

It's a precious resource for my creative activities.

Pleasure and creativity are two sides of the same coin.

Groningen; 08:28, 2/11/2021

No.227, Three Steps of Our Development

We take off the current place.

Then, we experience chaos in a new place.

Finally, we land on the place.

That's the fundamental developmental process for us.

Groningen; 10:35, 2/11/2021

No.228, Experimentation

I'm thinking about a design of experimentation for how music can express the absurdity and illogicality of the society.

If the experimentation were successful, my music could play a social role to some extent.

Can people fully objectify and accept the absurd and illogical aspects of the society?

Groningen; 15:23, 2/11/2021

No.229, Soul Food

I'm seeing the beautiful evening glow now.

It looks like a light-purplish sweet fruit.

My heart is enjoyably eating it now. It is so delicious.

Every moment in our life might be tasty.

It nourishes our soul.

Yes, every moment is our soul food.

Groningen; 17:36, 2/11/2021

No.230, A Vast Empty Dark Canvas

Deep and dark.

Deep and dark.

The deep and dark world is manifest in front of my eyes.

Though the time before sunrise has become earlier, it is still dark at this moment.

I like this time, because I feel that I can draw anything on the vast empty dark canvas.

Groningen; 06:46, 2/12/2021

No.231, Letter & Reply

Whenever I receive an invisible letter from my indwelling divinity, I create something.

My creation is always a reply to it.

Can I send a letter from me to the indwelling divinity someday?

I hope I can.

Groningen; 07:38, 2/12/2021

No.232, Human Beings Living in the Dilapidated Sphere

Do we really share the same layer of time and space with other beings?

It is totally preposterous that wars are happening only in the sphere of human beings.

We do not properly synchronize with the spheres of time and space of other beings.

Human beings are completely separated from others and are lost in the dilapidated sphere.

Groningen; 10:45, 2/12/2021

No.233, Beyond the Restricted and Confined Space and Time

Do you really want to continue to live in the restricted and confined space and time?

The flow is stagnant and lifeless, which robs you of your precious vitality and spirit.

Do you really satisfy with it?

Groningen; 10:52, 2/12/2021

No.234, A Glow in the Morning Sky

I saw a beautiful glow in the morning sky minutes ago.

The sky was embraced by a gentle light-purple curtain.

It seemed that everything enjoyed peacefulness in the curtain.

Groningen; 08:15, 2/13/2021

No.235, Lemon-Yellow Tweets

I can hear lemon-yellow tweets from somewhere.

You are there!

A little cute bird is near the window of my study.

Groningen; 08:53, 2/13/2021

No.236, Paradoxical Human Nature

Human beings are paradoxical creatures

in that they are malleable but at the same time resistant to change.

Probably, one of the causes of the modern collective insanity derives from that kind of human nature.

Groningen; 10:16, 2/13/2021

No.237, "Eichmannized" People

Modern people are in a state of being "Eichmannized."

People just obey rules— —regardless of whether they are formal or informal, visible or invisible— —and just become a docile surrogate for someone else, an organization, or the society.

Their autonomy is completely repressed, yet they don't notice the state of unfreedom.

I'm deeply worried about the state in which modern people are.

Groningen; 11:03, 2/13/2021

No.238, Outside the Society

Look at the vast real infinite world outside the society.

Dive into it, and you'll restore and find your true nature.

Groningen; 16:00, 2/13/2021

No.239, Essence of the World & Society

The world is chaotic and disorderly in the first place. So the society is.

Harmony and order are miraculous in essence.

Groningen; 16:04, 2/13/2021

No.240, A View of Scenery

How we see a scenery in front of us represents our mental state at that moment.

How do you see the world in front of you right now?

Groningen; 16:29, 2/13/2021

No.241, Language & Our World-Experience

Our language functions to make possible our world-experience.

Language is like a mathematical function to transform world-experience from the real.

In that sense, we cannot experience the real as a whole.

All we can experience is a part of it.

Groningen; 20:49, 2/13/2021

No.242, Always With You

“Carry me, carry me!”

“No, I don’t have to.”

“Why?”

“Because I’m always with you.”

Groningen; 21:35, 2/13/2021

No.243, A Feeling of Awe

A new and silent morning came.

I’m struck by the newness and silence every day.

The feeling of awe opens my possibilities.

It also enriches my life.

Morning is a special moment for me.

Groningen; 05:56, 2/14/2021

No.244, True Art

True art shakes our inner world.

It enables us to land on a different place after we see the art work.

Making us take off a current place and land on a new one is the essential role of true art.

Groningen; 06:25, 2/14/2021

No.245, Let It Go

Just let it go.

Just relinquish it.

And just release it.

When we want to control something, that’s the trick of our ego.

Just witness the action.

And just let it go.

Groningen; 06:31, 2/14/2021

No.246, Music, Painting, & Poetry

I’m in company with music, painting, and poetry every day.

They pacify and nourish my soul.

I hope that the art weaves together the fabric of all sentient beings and creates a whole community in the universe.

Groningen; 08:16, 2/14/2021

No.247, The Self as a Singularity

The self might be like a mathematical singularity.
It's a point, but it doesn't have any area and volume.
We cannot say that it exists and that it doesn't exist.
The self is mysterious and interesting.
Groningen; 08:45, 2/14/2021

No.248, True Passion

Passion is sometimes uncontrollable and irrepressible.
That is true passion.
My creations spring from it.
I can feel it now.
Groningen; 09:49, 2/14/2021

No.249, The Reason

A spider makes a cobweb.
It is aesthetic. It has indescribable beauty.

Why does a spider make a cobweb?
Probably the reason would be for its survival.

Why do I make music, paintings, and poems?
It's the same reason.
Groningen; 14:49, 2/14/2021

No.250, Art & Salvation

Great artists create art works, wishing some kind of salvation.
But once they are salvaged, they may not be able to make great art works anymore.
Art works might be the symbol of a wish for unrealizable salvation.
Groningen; 15:03, 2/14/2021