
発達理論の学び舎

Collected Poems Vol 7 (301-350)

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No.1920 幻想桜_An Dreamy Cherry Blossoms

No.301, Inner Light & Stillness

Inner light is always shining in me.

I can notice it, feeling stillness.

Inner light and stillness are one.

The place where stillness exists is the place where inner light shines.

Groningen; 10:04, 2/21/2021

No.302, Reality & Fiction

Even if we know the distinction between reality and fiction, we are inclined to behave in a fictional world as if the behavior is real.

The paradoxical way of knowing and acting is innate in humans.

Groningen; 10:25, 2/21/2021

No.303, Poetic Language & Topology

Poetic language has a topological impact on our mind and body.

The power is majestic.

A poet is a person who has sublime power which has a topological transformative effect on people.

Groningen; 10:32, 2/21/2021

No.304, Perception of Death & Various Issues in Society

To understand how to regard and deal with death in world religions might be a clue to see the depth of existential, social, and political issues in the modern world.

How we perceive death has an undoubted effect on how we relate to others and society.

Groningen; 14:51, 2/21/2021

No.305, Here Comes Stillness

Here comes stillness.

Here comes a new day.

Here comes a new me.

Again, here comes stillness.

Groningen; 06:20, 2/22/2021

No.306, Spring Will Come Soon

The light of spring is whispering.

The aroma of spring is floating.

True spring will come soon.

Groningen; 06:23, 2/22/2021

No.307, Muddy Water

No life lives in an aseptic pond.

Life cannot flourish in a too pure environment.

Sure, we need muddy water.

Groningen; 07:09, 2/22/2021

No.308, A Spring Fairy

A spring fairy comes.

It looks a little bit shy,

And it asks me to play hide-and-see with me.

Groningen; 13:58, 2/22/2021

No.309, Stillness, Joy, and Happiness

My existence is filled with stillness.

So the world is.

The world is filled with joy and happiness.

So am I.

Groningen; 03:57, 2/23/2021

No.310, Creative Activities as Best Friends

Creative activities are my best friends.

They are always with me.

I'm always with them, too.

They and I are one being.

Groningen; 03:59, 2/23/2021

No.311, Poem & Prayer

Writing a poem in the morning is my morning prayer.

Writing a poem in the evening is my evening prayer.

For me, making a poem is offering up a prayer.

Groningen; 06:03, 2/23/2021

No.312, Dialogue Between World Religions

World religions,

please have a dialogue one another.

You can do it

because each of you are a great religion.

Also because you have a tremendous amount of wisdom to understand humans and society.

Your dialogue will lead us to a better world.

Groningen; 06:46, 2/23/2021

No.313, Our Ontology, Epistemology, and Transformation

When our own ontology changes, our own epistemology changes, and vice versa.

Transforming our ontology and epistemology leads to metamorphosing our being.

Groningen; 09:34, 2/23/2021

No.314, The Idea of Non-Duality in Various Religions

I notice that some poems from various religions address the idea of non-duality in common.

Because the modern world is polarized, the common topic would be worth researching.

Groningen; 09:42, 2/23/2021

No.315, The Ocean & the Universe

Seeing the ocean is seeing the entire history of the universe.

The ocean remembers everything.

I recollect everything by touching the ocean.
Groningen; 10:24, 2/23/2021

No.316, The Brain & the Universe
Our brain is one of the precious products of the universe.
It is inclined to connect with the universe.
That's why my brain is often tuned to the multiple dimensions of the vast universe.
Groningen; 10:29, 2/23/2021

No.317, Oceanic Sounds
Water and life are deeply connected with each other.
The universe is the infinite ocean.
I can hear oceanic sounds from everywhere on the earth.
Groningen; 10:31, 2/23/2021

No.318, Water & Our Being
Water is the blood of our life.
Water is the vibration of our existence, too.
Water is precious. So our being is.
Groningen; 10:35, 2/23/2021

No.319, Monastic Life
After the advent of COVID-19, my life became much more monastic than before.
It looks like that of Emily Dickinson and Henry David Thoreau, both of whom I revere.

Also, my eyes became open to an ecological lifestyle based on Rudolf Steiner's philosophy.

In such a lifestyle, I've started to voraciously read spiritual and religious poems, which cultivates my spirituality gradually but profoundly.
Groningen; 10:55, 2/23/2021

No.320, Waiting for Words to Come
This is a meditative prayer for me.
I'm just waiting for words to come.
They are my authentic words.
Once they come, I can become meditative and can offer a true prayer for the world.
Groningen; 21:19, 2/23/2021

No.321, Birds' Singing
A few little birds are celebrating the fresh morning, singing a mellifluous song.
My mind is synchronizing with their singing now.
My mind becomes clearer and clearer.
Groningen; 08:00, 2/24/2021

No.322, Zephyr & Euphoria
A zephyr is caressing the face of my being.
Indescribable euphoria comes to me.
I'm in the zephyr and in elation.

Groningen; 10:40, 2/24/2021

No.323, A Silent Night

A silent night comes.

Is it a usual silent night?

It could be, but it's always a little bit different

because I'm reincarnated every day.

I'm a different being at every night.

So, the silence of night is always different.

But every night and I return to the common ground which is permanently invariable.

Groningen; 21:42, 2/24/2021

No.324, Mind & Body

A few little birds are singing a song right now.

It makes my mind serene.

Do they also have a calm mind?

Maybe so.

When our mind is peaceful, our behavior and attitude would be filled with calm and peace.

Our mind and body are one.

Groningen; 06:21, 2/25/2021

No.325, I'm Like a Tree

I'm like a tree

in that I strive for light

and in that the roots of my existence become wider and denser day by day.

Groningen; 09:55, 2/25/2021

No.326, Open Your Child Eyes

You can see a flood of hidden things

when you open your child eyes.

Just make your eyes pure and open them,

and you can see a lot of invisible and invaluable things for you.

Groningen; 10:47, 2/25/2021

No.327, Breathing & Spirituality

Breathing is a doorway to our deep spirituality.

Continue to breathe deeply, you will find your own spirituality.

Breathing can make the deity corporeal.

Groningen; 16:00, 2/25/2021

No.328, Form & Essence

Any form is revelation of its essence.

Once we know it, we will be amazed by the fact that the world is replete with a variety of essence.

Groningen; 16:08, 2/25/2021

No.329, Sitting & Silence

I sit in silence.

Silence sits not on me but in me.

Groningen; 20:35, 2/25/2021

No.330, Atman & Brahman

The soul is Atman.

The spirit is Brahman.

Atman is the individual soul,
whereas Brahman is the world or cosmic soul.

We can see Atman in Brahman.

We can see Brahman through Atman.

Groningen; 20:54, 2/25/2021

No.331, Going Beyond Time & Divinity

Going beyond time could be a key to meeting a deity.

If so, creative activities that enable us to transcend time might help us meet a divinity.

Groningen; 21:03, 2/25/2021

No.332, Creative Activities as Soul-Making

Any creative activity such as painting, making poems, composing music is a soul-making activity for me.

The more I engage in such an activity, the deeper and purer my soul becomes.

Groningen; 21:10, 2/25/2021

No.333, A Daily Mantra

“I’m filled with happiness. I’m filled with bliss.”

This is a kind of my mantra to say in my mind without realizing it.

Euphoric days are passing by in my life.

“I’m happiness. I’m bliss.”

I can hear that mantra.

Groningen; 05:13, 2/26/2021

No.334 Becoming a Part of Historical Fullness and Fulfillment

At this moment,

I’m in historical fullness and fulfillment.

Then,

I become a part of them.

Groningen; 07:04, 2/26/2021

No.335, A New Language System about Religion

We may need a totally new language system to talk about religion.

The modern world requires us to create and acquire new signs and symbols that enable various religions to dialogue with one another.

Groningen; 07:09, 2/26/2021

No.336, Spiritual Power of Poems

Some poems evoke and awaken my spirituality.

What is their nature?

It's mysterious, but once I find it, I would definitely enter a secret realm of divinity.

Groningen; 08:20, 2/26/2021

No.337, The Nature of the World

The world exists and does not exist.

We can always say both simultaneously.

Not only we can say so but also we can feel so at any moment.

The world is more than nothing and less than nothing.

It's like a flickering light.

Groningen; 08:29, 2/26/2021

No.338, Projection of Epistemological Existence onto an Ontological Location

I would like to identify and provide a specific location of any ideas and concepts.

In other words, I would like to project any epistemological existence onto a particular ontological place.

It could be important because a deity dwells in a specific place.

Groningen; 08:53, 2/26/2021

No.339, The Whole and Partial World

We can neither see nor feel the entirety of the world,

But we can do a part of it.

The whole world is always beyond the world we can experience.

Groningen; 09:03, 2/26/2021

No.340, A Fractal Ontological Dimension

Thinking forms a fractal ontological dimension in a thought field.

Any concepts and thoughts can be mapped in a hierarchical ontological thought field.

Groningen; 09:07, 2/26/2021

No.341, The Absolute Truth

The absolute truth is constantly outside us.

Yet, it can be said that it is also inside us.

Then, does it really exist?

We attempt to figure it out throughout our life.

Groningen; 09:38, 2/26/2021

No.341 Chaos-Seeker

How captivating chaos is.

We may be not only an innate order-seeker but also chaos-seeker.

That's why we love to reside in chaos.

Groningen; 09:47, 2/26/2021

No.342, Means to Disenchantment of the World

Rationalization is a form of disenchantment at a certain dimension of the world.

But we need other means to disenchanting the world more clearly.

One possible form could be art which transcends rationalization.

Groningen; 10:51, 2/26/2021

No.343, Art as a Conveyer

Art can be a conveyer that enables us to have a direct experience of a transcendental realm of reality.

Art can play such a communicative role to bridge the ethereal and corporeal world.

Groningen; 11:09, 2/26/2021

No.344, Tragedy or Comedy?

Some existential philosophers such as Heidegger and Kierkegaard regard our existence as tragedy than comedy.

But I want to choose the latter.

Who wants to continue to live in a tragedy until the end of life?

Pragmatically speaking, considering our existence to be comedy would be much more productive to attain a better life.

Groningen; 11:22, 2/26/2021

No.345, A Morning Gift

It is very quiet outside.

The silence permeates my inner world.

Inspiration came suddenly.

That's a morning gift.

Groningen; 02:55, 2/27/2021

No.346 Material & Ideological Fetishism

Material fetishism is rampant in the modern society.

People who believe it have a distorted mind, and they tend to seek twisted ideologies.

In that sense, they are trapped not only in material fetishism but also in ideological fetishism.

Both tendencies create a social disorder.

Groningen; 05:51, 2/27/2021

No.347, Shiva

I had an inner symbol of Shiva before.

Shiva is one the three main Hindu gods, which plays a role of destruction and creation.

The role of Shiva resonates with me very deeply.

In fact, I engage in the activity of destruction and creation every day to transform the society and myself.

Groningen; 06:07, 2/27/2021

No.348, The Here and Now

Whenever I stay in the here and now, I don't feel any sufferings.

All of our sufferings appear from our departure of the here and now.

Groningen; 16:21, 2/27/2021

No.349, A Dreamy Bridge

A dreamy bridge is floating in the sky.
It bridges the celestial and terrestrial world.
Groningen; 19:52, 2/27/2021

No.350, Emptiness

“Emptiness” doesn’t mean nothing.
Instead, it means something indescribable because it is constantly changing.
Groningen; 20:04, 2/27/2021