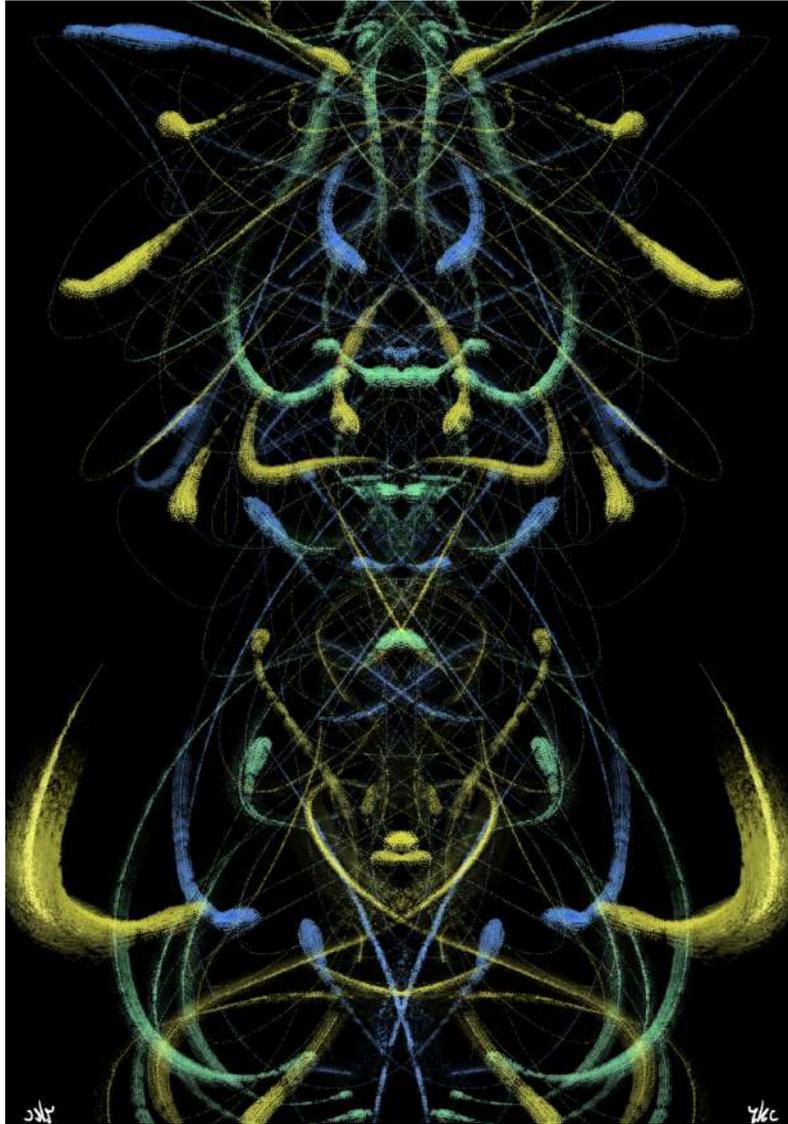

発達理論の学び舎

Collected Poems Vol 8 (351-400)

Website: 「[発達理論の学び舎](#)」



No.1946 生命線_A Lifeline

No.351, Beyond

Beyond thoughts, feelings, and sensations, we will meet ourselves there.

Beyond everything, we will find everything there.

Groningen; 21:09, 2/27/2021

No.352, A High-Speed Merry-Go-Round

We often forget it, but the earth is constantly rotating at a rapid speed.

Interestingly, we usually don't notice it.

We are like riding on a high-speed merry-go-round.

Once we notice the essential meaning of the fact, we may be able to do something interesting in a physical, mental, and spiritual sense.

As an experiment, I'll get off the merry-go-round.

Let's see what will happen.

Groningen; 07:23, 2/28/2021

No.353, Narrative Transformation

Our thoughts and actions to a particular topic are strongly restricted and defined by a narrative about the topic.

I feel that narratives about human development, spirituality, education, etc. which are in the roots of any problems in this modern society must be transformed.

My daily work should be related to facilitating such a narrative transformation.

Groningen; 12:55, 2/28/2021

No.354, The Incarnation of Shiva

I'm the incarnation of Shiva.

I'm constantly destroying and creating with a merciful heart for a better world.

Groningen; 20:08, 2/28/2021

No.355, We Are a "Borderline Animal"

We may always be standing on multiple borderlines.

It is between sanity and insanity, language and non-language, life and death, etc.

We must be a borderline animal.

Groningen; 20:14, 2/28/2021

No.356, Toward the Beginning of a Thoreauvian and Dickinsonian Life

I'll move out the current place in the end of the next month.

A Thoreauvian and Dickinsonian life will start.

It must be contemplative very much.

The new life will definitely transform me.

I really look forward to it.

Groningen; 21:09, 2/28/2021

No.357, Religious Worldviews Everywhere

Religious worldviews permeate everywhere in our life.

They can be seen in any fields of practice such as politics, economy, education, medicine, science, etc.

To understand religious worldviews in a meticulous way could be helpful to heal pathologies in all practical domains.

Groningen; 05:13, 3/1/2021

No.358, Readiness & Appearance

When we are ready,
what we need would appear in front of us.

If you need a teacher for your life and if you are ready,
he or she will appear.

Groningen; 05:43, 3/1/2021

No.359, Ultimate Truth & Creative Activities

Relative truth can be easily put into words whereas ultimate truth cannot be so.
Thus, I'll express it through creative activities.

They make ultimate truth more palpable to everyone.

Groningen; 07:08, 3/1/2021

No.360, Reading a Spiritual Poem & States of Consciousness

Reading a spiritual poem is a practice to shift a state of my consciousness.

It often shifts an ordinary state of my consciousness to an altered one.

This is helpful to open up the possibility of various states of my consciousness.

Groningen; 16:05, 3/1/2021

No.361, The Integration Between Developmental Psychology and Theology

Suddenly I realized that one of my roles would be to integrate developmental psychology and theology.

It seems to me that both domains are separated deeply.

So, my contribution would be to bury the gap.

Groningen; 16:09, 3/1/2021

No.362, Inner Silence

Inner silence has come.

My soul echoes with it.

I became peace.

Groningen; 06:34, 3/2/2021

No.363, Nothing and Everything

I'm here. Then, I disappear.

I disappear. Then, I'm here.

I'm the existence which is both nothing and everything.

Groningen; 08:24, 3/2/2021

No.364, A Trip & My Origin

Every trip in the world can be a journey to find out the root of my origin.

I realized it intuitively.

What does the next trip uncover the root of my origin.

I look forward to it.
Groningen; 09:17, 3/2/2021

No.365, Yours = Mine
Your journey is my journey.
My journey is your journey.

Yours is mine.
Mine is yours.
Groningen; 13:50, 3/2/2021

No.366, The Space
Be the space where everything is arising moment to moment.
Become the space where everything is changing moment to moment.
It is you. You are it.
Groningen; 13:58, 3/2/2021

No.367, Illumination
I can see the shining moon now.
It illuminates the world.

Our awareness has the same power as the moon.
It illuminates ourselves and the world.
Groningen; 05:13, 3/3/2021

No.368, Interest in Zen Poetry
I'm interested in studying Zen poetry from the perspectives of theology and developmental psychology.
Zen poetry has something meaningful and captivating to me.
Groningen; 05:27, 3/3/2021

No.369, Limitations of Conceptual Thinking
From a perspective of philosophy of language, our conceptual thinking always draws a line between A and non-A.
Also, it presupposes the opposite.
Yet, our reality is essentially non-dualistic, meaning that it has no opposite.

Only conceptual thinking doesn't enable us to reach the higher realm of consciousness.
The importance of non-verbal creative activities arises here.
Groningen; 06:19, 3/3/2021

No.370, Forms and Emptiness
Forms emerge from emptiness.
Forms evolve through emptiness.
Emptiness is the ground that create any forms.
Finally, non-duality is the union of forms and emptiness.
Groningen; 09:06, 3/3/2021

No.371, Trinity

Dreams, religion, and creation are the trinity in my life.

They are interdependent, having a positive impact with one another.

The trinity deepens my life.

Groningen; 06:08, 3/4/2021

No.372, Creative Zen Practice

Both painting a picture and composing music are Zen practice for me.

While doing them, my breathing is totally relaxed,

and my consciousness becomes meditative.

The deeper my breathing becomes, the deeper the state of my consciousness becomes.

Groningen; 08:29, 3/4/2021

No.373, My Spiritual Turn

As the British philosopher Roy Bhaskar experienced, I encountered a “spiritual turn.”

Departing from scientific research, I started to voraciously read spiritual and religious poems (Adi Shankara, Solomon Ibn Gabirol, Rumi, Emily Dickinson, Ralph Waldo Emerson, Rudolf Steiner, etc.) .

Particularly, my specific interest lies in death and non-duality.

I’m very intrigued by how great past poets interpreted and made meanings of death and non-duality.

I suppose that to unpack the hidden codes of meanings in their poems can make a new way to liberate people from existential constraints.

Groningen; 10:30, 3/4/2021

No.374, The Marriage Between Knowing and Being

Recently, knowing has been closer to being,

whereas being has been closer to knowing.

It looks like the union of epistemology and ontology.

The marriage happens to me.

Groningen; 21:21, 3/4/2021

No.375, An Epistemologically and Ontologically Hilarious Thing

I dive into the infinite ocean and swim in it.

Without knowing it, I come to be the ocean.

It is epistemologically and ontologically hilarious.

Groningen; 21:24, 3/4/2021

No.376, A Front & Rear Face

A front face has its rear face.

A rear face has its front face.

What has both faces?

That’s the essential point for our enlightenment.

Groningen; 06:53, 3/5/2021

No.377, Social Neurons

The society has its neurons.

It can be called “social neurons.”

It seems that social neurons are broken and pathologized, which generate various social issues.

Since our neurons and social ones synchronize with each other, we need to take action to cure social neurons.

Groningen; 06:58, 3/5/2021

No.378, Developmental Lubricant

We interpret and experience any phenomena through our developmental levels.

Developmental models can unveil the hidden grammar of each developmental level, and the models can play a role of developmental lubricant or facilitator for us.

Checking and sometimes reconstructing on purpose my experience through developmental models is helpful for my further realization.

Groningen; 09:30, 3/5/2021

No.379, In Tune with the Organic Rhythm of the Universe,

Whenever we are in tune with the organic rhythm of the universe, we can find our true self and can show our full potentiality.

More importantly, we must realize that we are the universe itself.

Groningen; 10:28, 3/5/2021

No.380, Cosmic Silence

Only silence exists.

Even if there are a flood of sounds and noises in our world, what exists beneath the surface is ultimate silence.

The essence of the cosmos is silence.

Can we feel it at this moment now?

Groningen; 10:32, 3/5/2021

No.381, Poetry as Spiritual and Existential Possession

Something takes possession of me.

Then, I make a poem.

Poetry could be spiritual and existential possession.

Groningen; 20:40, 3/5/2021

No.382, Descendence & Ascendence

Words descend from heaven.

They become a poem.

The poem ascends to heaven.

I'm a path of the process.

Groningen; 20:50, 3/5/2021

No.383, A Life Process of a Poem

I'm waiting for my words to come.

They come from the upper sphere.

Once they are crystalized, a poem is born.

Then, the poem will return to the whole world.

Groningen; 06:55, 3/6/2021

No.384, Reality Like a Caramel Bubble
Reality is like a caramel bubble.
It is very transient, colorful, and tasty.
Groningen; 10:28, 3/6/2021

No.385, After All Words Drop Off
A true manifestation occurs once all words drop off.
Essential existence shows up after that.
Groningen; 10:32, 3/6/2021

No.386, Beyond Illusions
Ultimate truth is there.
It exists beyond illusions that most people believe they are real.
See through the illusions, and you will find ultimate truth.
Groningen; 10:49, 3/6/2021

No.387, All Manifestations and One Single Ground
All manifestations emerge from one single ground.
Then, they return to the ground.
However, unfortunately, most people don't notice the ground.
People just see manifestations and regard them as real.
Groningen; 11:03, 3/6/2021

No.388, About Reading Spiritual Texts
I'd like to not only to read ancient spiritual texts deeply
but also to read them in the context of the modern society.
Otherwise, spiritual texts remain to be mere relics with no practical use to liberate people
in this society.
Groningen; 15:36, 3/6/2021

No.389, Souls and a Tree
Souls are resting on branches of a tree.
They are being nourished from the tree.
I'm wondering where they go from now and what they give to the tree in return.
Groningen; 07:37, 3/7/2021

No.390, Slime of Language
Slime of language starts to move around.
Then, a real poem emerges.
Groningen; 15:36, 3/7/2021

No.391, A Barking Dragon
A dragon is barking.
Its standing posture is adamant.
The dragon gives me courageous power.
Groningen; 15:47, 3/7/2021

No.392, The Zero Point of Consciousness
Once I reach the zero point of consciousness where a flood of visions burst into emerging,

my creations are naturally born with vivacity.
Groningen; 15:55, 3/7/2021

No.393, Not Interpreting a Dream
A dream has ample images to interpret.
But, I won't use my analytical mind to interpret it.
On the contrary, I let my dream generate affluent images as possible as I can.
Then, a dream opens my consciousness more widely and deeply.
Groningen; 16:03, 3/7/2021

No.394, Poetry and Images
Not words but images come first.
After images show up, they shape a word or words.
A poem is not a product of words but that of images.
Groningen; 16:15, 3/7/2021

No.395, Mental and Spiritual Hijacks
Modern people's self is often hijacked by social constructions and illusory concepts and beliefs.
The situation leads to ego-aggrandizement, which enforces the vicious cycle.
Most people are victims of mental and spiritual hijacks.
Who and what rescues them?
Groningen; 17:40, 3/7/2021

No.396, The Location of Void
Void is here and there.
It exists behind what a word represents.
Groningen; 21:07, 3/7/2021

No.397, Beyond Polarities
Truth exists beyond any polarities.
I'm there, too.
Groningen; 06:01, 3/8/2021

No.398, An Imaginary but Real Story
An imaginary story sometimes or often becomes real.
Then, a new imaginary story emerges which becomes real, too.
In this sense, there might not be any imaginary stories in this world.
Groningen; 09:01, 3/8/2021

No.399, Dangerous and Pathological Emptiness & Real One
Emptiness without Form is dangerous and even pathological.
Emptiness with Form is real non-duality.
Groningen; 09:33, 3/8/2021

No.400, Unity with Cosmic Habits
I'm always in cosmic habits.
Any of my habits are those of the cosmos.

The more harmonious my habits are with those of the cosmos, the more I can be united with the cosmos.

Groningen; 19:45, 3/8/2021