

---

# 発達理論の学び舎

Collected Poems Vol 10 (451-500)

Website: 「[発達理論の学び舎](#)」

---



No.2085 夜明けの霊木\_A Tree of Spirit at Dawn

---

No.451, My Creations are Not Mine  
All of my creations are not mine.  
They are for everybody who needs them.  
My creations will be delivered to anyone who want them.  
Groningen; 12:59, 3/18/2021

No.452, Creation and the Kosmos  
Whenever I create something novel, the Kosmos shows its fresh new face.  
Creating something new can bring an unnoticed aspect of the Cosmos to the world.  
Groningen; 13:03, 3/18/2021

No.453, Relative Truth & Ultimate Truth  
The more I develop, the more my relative truths expand widely and deeply.  
The more I develop, the more I come close to the ultimate truth.  
Groningen; 05:56, 3/19/2021

No.454, Everything is Infinite  
Everything is literally infinite.  
It is true that everything is a part of the infinite.  
But at the same time, it is also true that everything is perfectly infinite by itself.  
Groningen; 07:48, 3/19/2021

No.455, Music Composition and Reality  
I constantly compose a small piece of music every day.  
Each work is really small, which is almost infinitesimal.  
Yet, every single work represents an irreducible snapshot of reality.  
Definitely, it is an irreplaceable component of the total painting of reality.  
Groningen; 08:17, 3/19/2021

No.456, Caution of Downward and Upward Causation  
We have to be cautious of sickness of the soul.  
Because there exists the downward causation.  
An illness of the soul causes that of the mind.  
An illness of the mind causes that of the body.

Then, we are also be careful of the upward causation.  
The unhealthy body generates the unhealthy mind.  
The unhealthy mind generates the unhealthy soul.  
Groningen; 09:04, 3/19/2021

No.457, This Moment  
The present moment is the most precious moment.  
Everything starts afresh at this moment.  
Novelty endlessly spouts from this moment.

I am at this moment.  
I am this moment.  
Groningen; 06:03, 3/20/2021

---

No.458, Graceful Ordinairiness  
I'm contemplating right now.  
Today was also beautiful as usual.  
I deeply appreciate such graceful ordinariness.  
I hope tomorrow will be wonderful, too.  
Groningen; 19:45, 3/20/2021

No.459, An Inner Flower Garden  
A morning scent at this moment is very aromatic.  
It stimulates the depth of my soul.  
The aroma makes an inner flower garden open.  
A number of butteries and birds are enjoying in the garden.  
Me, too. I'm also enjoying in the secret garden.  
Groningen; 07:11, 3/21/2021

No.460, Beyond Atman and Anatman  
Whatever I describe myself, I cannot fully define what I am.  
It is called atman.

Yet, I cannot also say that I am nothing.  
It is called anatman.

I am beyond both of them.  
Groningen; 14:08, 3/21/2021

No.461, Constant Newness  
I'm surprised at the fact that everyday is a new day.  
Yesterday was so.  
So today is.

Something new is emerging in me every day, which facilitates my rebirth process.  
Today, I am new.  
I'm becoming new at each moment.  
Groningen; 07:29, 3/22/2021

No.462, Antimatter  
I'm always receiving infinite energy from antimatter in the universe.  
The gigantic energy is the vital source for all of my daily activities.  
Groningen; 14:43, 3/22/2021

No.463, True Knowledge  
True knowledge is not objective descriptions,  
but it is an intuitive comprehension of the whole of the object.  
It can intuitively grasp the object as it is.  
Groningen; 21:19, 3/22/2021

No.464, The Self & the Body  
The self is not within the body.  
Instead, the body is within the self.

---

Groningen; 21:26, 3/22/2021

No.465, A Meditative State of Consciousness

A couple of little birds are whispering silently.

Listening to it, the state of my consciousness naturally becomes meditative.

It is natural but at the same time altered.

Creativity, healing, and transformation occur from that state of consciousness.

Groningen; 06:15, 3/23/2021

No.466, The Importance of Identifying a Specific Address in the Epistemological and Ontological space

Any perspective and question has a specific address in the epistemological and ontological space.

In order to communicate with others smoothly and deeply, we need to identify the location in the space.

If we fail to do so, miscommunication and misunderstanding would happen.

Groningen; 14:13, 3/23/2021

No.467, Unpredictable Transformation of the Information Society

This information society transforms day by day.

Nobody knows exactly what it will look like in the near future.

Because the transformation is unpredictable.

Our information society is a collective intelligent creature whose direction of the transformation is unforeseeable.

Groningen; 14:17, 3/23/2021

No.468, A Living View from My Study

I'll move out of this apartment next week.

I'll miss a view from my study very much.

Since the outside world is constantly changing, a view from my study looks like living.

It is a living painting!

The aliveness of the view has always given me encouragement and vital energy for the last five and half years.

I'll fully enjoy a view from my study for the rest of the days so that I will regret nothing.

Groningen; 07:32, 3/24/2021

No.469, Going Beyond Boundaries

Going beyond boundaries that the language-oriented ego construct, the self becomes purer and comes closer to the essence.

By the way, why does the ego prefer boundaries so much?

One of the reasons could be that the ego wants to protect itself.

And why does the ego want to protect itself?

What does it fear?

Groningen; 21:11, 3/24/2021

---

No.470, As Void or Sunyata

All of my actions and purposes are situated in void or sunyata.

Or, it can be said that they are derived from void or sunyata.

Or, it can be also said that all of my actions and purposes are void or sunyata themselves.

The self which has actions and purposes is also said to be so.

Groningen; 05:38, 3/25/2021

No.471, Illumination

A spiritual concentric circle appeared suddenly in front of my eyes.

It is radiating brilliant light right now.

It illuminates my inner world very widely and deeply.

Groningen; 21:36, 3/25/2021

No.472, My Noctilucent Eyes

My noctilucent eyes opened.

They are open after my third eye widens.

They can capture and see through eternity and infinity.

Groningen; 21:40, 3/25/2021

No.473, Perception of Time

My perception of time has been transformed over the last several years.

I'll move out the current apartment next Wednesday and start to live in a small detached house in the suburb of the city.

The surroundings of the new place are very quiet.

The calm environment would alter and deepen my perception of time.

I look forward to how I will experience the world with a new perception of time.

Groningen; 06:17, 3/26/2021

No.474, Beyond the Ego Boundaries

Engaging in creative activities catapults me beyond the ego boundaries.

The essential power of creative activities might be altruistic.

Altruistic actions are key to transforming the ego.

Altruism is the source of self-transformation and both individual and collective happiness.

Groningen; 07:44, 3/26/2021

No.475, A Birdsong

A couple of little birds are celebrating for me, singing a song.

The song reverberates through my world.

I'm riding on the sound wave and swimming in it enjoyably.

Groningen; 07:20, 3/27/2021

No.476, Involution and Evolution

My existence is being created out of nothing, which is involution.

My existence is being created out of everything, which is evolution.

I create something out of nothing every day.

I create something out of everything every day.

I'm always walking on a way of both involution and evolution.

---

Groningen; 09:42, 3/27/2021

No.477, A Dark Night

A dark night has come.

It is fathomless.

Yet, I can see a glimmer in the darkness.

It might be the core of myself.

It could be also a beam of hope of the world.

Groningen; 21:16, 3/27/2021

No.478, The Beginning of Summer Time

From today, summer time began.

But, it is still cold in Groningen.

Real summer would come way ahead,

because even spring has not come yet.

Groningen; 06:17, 3/28/2021

No.479, A White Fantasy

A white fantasy has come before going to bed.

It could be an omen of a dream tonight.

My dream world tonight would be illuminated by white light.

It delivers my soul to a higher realm.

Groningen; 21:23, 3/28/2021

No.480, Only Two Days are Left

Only two days are left so that I can live in the current apartment.

A lot of my memories are embedded in this place.

In the remaining days, I'll dig and recollect each memory to appreciate having lived here.

Groningen; 07:01, 3/29/2021

No.481, Endless Commencements

I'm just feeling what is arising in me right now.

It is full of gratitude and appreciation.

Today, I encountered a wonderful commencement in my community.

More accurately, there was not a single commencement but there were many for each of us.

I just want to celebrate all of the commencements including mine.

A commencement for each of us invites the next,

and our life is an endless series of commencements.

Groningen; 21:06, 3/29/2021

No.482, An Impressive Vision

This morning, I perceived an impressive vision.

Between a waking and dreaming state, I saw in my mind several English books.

More specifically, I perceived a vision that pages in some books were being turned over automatically and rapidly.

---

This vision might have come from alaya-vijnana (store consciousness) or the morphogenetic field of wisdom.

Anyway, it was an interesting experience, though I sometimes have it.

Groningen; 07:51, 3/30/2021

No.483, The Last Night

Finally, I completed packing everything in order to move tomorrow morning.

I'm just sitting in the chair right now, sweeping the room slowly.

I've lived here for four and half years.

Each one of the memories about my life in this apartment comes back.

From tomorrow, a new life will begin,  
and I'll be reborn.

Groningen; 21:16, 3/30/2021

No.484, Staying in Each Moment

I'm listening to a birdsong right now, being in a meditative state of consciousness.

Also, I'm seeing a full moon in the morning sky.

In three hours, I'll move out this apartment.

I just want to stay deeply in each moment at this place until I start to move.

Groningen; 07:13, 3/31/2021

No.485, The Absolute Self & Ultimate Peacefulness and Tranquility

Once we notice not the relative self but the absolute self, ultimate peacefulness and tranquility will come to us and will be us.

Groningen; 07:31, 3/31/2021

No.486, Relaxing in the Absolute Self

Ultimate liberation and emancipation reside in the absolute self.

Ultimate peace and stillness reside in the absolute self.

Just be aware of the absolute self.

Just relax in it.

Groningen; 07:58, 3/31/2021

No.487, The Beginning of a Contemplative Life

My new life has begun since yesterday.

I moved to a new house.

This house is very charming and comfortable.

The surrounding environment is very quiet.

The quietude would cultivate my spirituality in a profound way.

My contemplative life has begun.

I want to celebrate the beginning.

Groningen; 09:08, 4/1/2021

---

No.488, Everything Looked Fresh and New

The memorable first day to live in a new house is coming to the end.

Interestingly enough, when I went to a supermarket near my house in the evening, everything I see on the way looked fresh and new.

Literally, everything that I see in my eyes looked shining brilliantly.

I might have opened my eyes at a deep dimension, which enabled me to touch the creative ground that constantly creates everything anew.

Groningen; 21:53, 4/1/2021

No.489, Newness

A new morning has come.

A new day is emerging with new facial expressions.

I also become new.

Groningen; 07:48, 4/2/2021

No.490, A Satisfied Contemplative Life

The shape of the new house and windows inside look like a church.

In such a place, I'm living a contemplative life.

I deeply appreciate this life.

Groningen; 07:51, 4/2/2021

No.491, A Contemplative Day

A deeply contemplative day is approaching the end.

The quality of my life is becoming deeper and deeper day by day.

I'm just so grateful the given profound opportunities that cultivate my life and myself.

Today was fabulous.

So will be tomorrow.

Groningen; 20:49, 4/2/2021

No.492, Thoreauvian Life

This is my first weekend to spend in the new house.

The longer I live here, the more contemplative my life becomes.

This lifestyle reminds me of that of Henry David Thoreau.

Groningen; 06:59, 4/3/2021

No.493, Today, Every Moment, & My Life

To calm down my mind, I'm expressing my thoughts and feelings right now.

Today was an apotheosis of ultimate fulfillment.

Every moment was a consummate treasure.

My life is a rosary of fulfilled moments.

Groningen; 21:53, 4/3/2021

No.494, Easter Sunday

Today is a holiday of Easter Sunday.

This holiday has a special meaning in Christianity.

---

When I woke up in the morning, I felt I resurrected.  
Although all of us experience a continuous death and rebirth process every day, the feeling of the resurrection was strong to me.  
Now, I'm standing as a new self.  
Groningen; 07:05, 4/4/2021

No.495, Holidays  
I'll slowly end today with a feeling of gratitude.  
Today was Easter Sunday.  
Tomorrow will also be a holiday of Easter Monday.  
Regardless of socially constituted holidays, every day is holy for me.  
Groningen; 21:55, 4/4/2021

No.496, The Shrinking Ego  
My ego is shrinking with the calm mind.  
Yet, does this thought also come from a trick of the ego?  
Probably, it doesn't.  
I know it intuitively.  
Groningen; 06:14, 4/5/2021

No.497, A Pray  
In the early morning on Easter Monday, I'm praying for the serenity of the world.  
The universe is intrinsically tranquil although it is experiencing a constant dynamic creation.  
Why isn't our world serene?  
I'm wondering if our world might have separated from the whole universe.  
Groningen; 06:20, 4/5/2021

No.498, Today's Coldness  
It was very cold today.  
Actually, it was snowing, although it is already April.  
Yet, this coldness is also a gift for me.  
It is cultivating my soul and spirit.  
Groningen; 20:51, 4/5/2021

No.499, Reciprocation for a Contemplative Life  
A deeply contemplative life has begun.  
I've looked forward to it for a long time.

The new house is superb to lead a tranquil and contemplative life.  
I'm so grateful for this living environment.  
I need to and want to do something in return to the world.  
Groningen; 20:56, 4/5/2021

No.500, Blissful Moments  
When I was taking a bath in the early morning, I could see a shining star in the sky from the skylight window.  
Also, tranquil birdsongs were reverberating the surroundings.

---

Every moment was and is blissful.  
Groningen; 07:19, 4/6/2021